

Welcome to St. Mary

October 2022

St. Mary Fun Facts



- ~We are the "Home of the Monarchs"
- ~Athletics
- ~Academics with specialty programs in AP Math/English AND French Immersion
- ~We are a school of almost 1300 students and approx 100 staff
- ~Our Retreat Leadership and Social Justice programs are exceptional!

Our Goals Today:



- Understand the Guidance Teacher Role
- Graduation Requirements
- A Typical Day at St. Mary
- Tips for Success
- Grade 8 Visit Day
- Grade 8 Parent Night
- Questions

stmary.dcdsb.ca



OUR SCHOOL

STUDENTS

PARENTS

PROGRAMS & SERVICES

I'D LIKE TO





We are pleased to welcome you to the Guidance and Career Education webpage. We sincerely hope that this page acts as an informative guide for both students and their families as they navigate their way through the high school experience and beyond.

Guidance is responsible for providing a caring, compassionate environment that is inviting to all who enter. As a Guidance Counsellor/Educator, our role has been organized into three distinct areas: student development, interpersonal development, and career development as it relates to pathway planning. Our Counsellors are equipped to provide on-going academic, social/emotional, and pathway planning supports to the students of St.

Students

Guidance

- Alternative Education
- Community Involvement Hours

Your Guidance Teacher:

- ~is assigned to you by alpha surname
- ~helps you with:
 - short-term social/emotional development
 - -academic planning and supports
 - -pathway planning supports
 - Mental health and well being support and resources

Graduation Requirements



- 1.Earn 30 credits
- 2.Earn 40 hours of Community Service
- 3. Pass Ontario Secondary School Literacy Test (taken in Grade 10)

A Typical Day at St. Mary

- ~9:30am-3:30pm day
- ~Full uniform is Mandatory
- ~Semestered system
- ~75 minute classes, four classes each day with 5 minutes travel time
- ~Choosing 8 courses in Gr 9, including ONE elective

Wearing the Uniform!

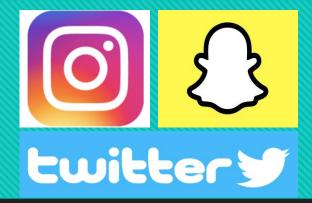


Day	Terms			P1	P2	P3	P4
Α	22	S1 -	T1 	Religious Education HRE101.2 Dion, Michael Room: 205 P1(A) S1	Healthy Active Living Education PPL104.5 Joaquin, Graham Room: GYMC P2(A) S1	CGC1D1 Geography Of Canada CGC1D1.3 Barron, Jason Room: 165 - 2nd P3(A) S1	Science SNC1W1.3 Ziarno, Michael Room: 201 P4(A) S1
	22-	S2 -	T3	ENG1D1 - English ENG1D1.11 Marchioni, Melissa Room: 125 P1(A) S2	Introduction To Info Tech In Business BTT101.1 O'Connor, Breen Room: 257 P2(A) S2	Core French FSF1D1.6 Zeenaeme, Michelle Room: 244 P3(A) S2	Mathematics, Grade 9 MTH1W1.3 Pranadjaja, Mariska Room: 233 P4(A) S2

Tips for Success

- ☐ Work on improving your learning skills
- ☐ Manage your time to include study, rest and fun
- ☐ Use an organizational tool to schedule time to
- study and time to finish your assignments
- ☐ Ask your teacher for help as needed
- ☐ Talk to Guidance about tutoring supports

Social Media and Mental Health



Be mindful of your online presence and digital footprint It's important to manage your online presence responsibly!

- Some questions to ask yourself about your social media use:
 - > How often am I on social media platforms?
 - What do I use social media for?
 - Is social media a distraction during school and when I am doing homework?
 - What am I posting?
 - > Who has access to my account?
 - What will my digital footprint say about me in 5 years?
 - > Am I a responsible digital citizen?
- > St. Mary uses various social media platforms in positive ways. Check them out!
 - ➤ Twitter @StMaryCSS
 - > Instagram @stmarycouncil @stmaryretreatleading
 - @Webpage stmary.dcdsb.ca

Grade 8 Visit Day

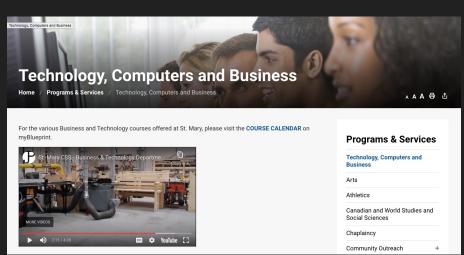
We are excited to have you join us!

- Wednesday, November 2nd from 10-12:50pm
- We will introduce you to some St. Mary students and staff
- We will play some games and answer your questions
- You will learn more about clubs and activities
- You will tour the school
- You will have lunch in the café (bring your own bagged lunch), but you can buy treats!

A Day in Trades at St. Mary



- This year, the grade 8s will get a chance to come into St. Mary (in November/December) and take part in a day of Trades sponsored by OYAP.
- You will get to spend some time learning and working in the tech classes with the tech teachers.
- You will get to make something and bring it home with you.
- This will allow you to explore some of the trades hands on and will help you when choosing your elective course for grade 9.



Grade 8 Parent Night

- ■Mid January
- In-person presentation for parents and students
- Another opportunity to learn more about programs at St. Mary, student life, and extra curricular activities

