



# Welcome to St. Mary

October 2021

# St. Mary Fun Facts



**St. Mary**  
Catholic Secondary School

- ~We are the “Home of the Monarchs”
- ~Athletics
- ~Academics – with specialty programs in AP Math/English AND French Immersion
- ~We are a school of over 1400 students and approx 100 staff
- ~Our Retreat Leadership and Social Justice programs are exceptional!

# Our Goals Today:

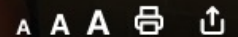


- ❖ Understand the Guidance Teacher Role
- ❖ Graduation Requirements
- ❖ A Typical Day at St. Mary
- ❖ Tips for Success
- ❖ Grade 8 Visit Day
- ❖ Grade 8 Virtual Parent Night
- ❖ Questions



# Guidance

Home / Students / Guidance



We are pleased to welcome you to the Guidance and Career Education webpage. We sincerely hope that this page acts as an informative guide for both students and their families as they navigate their way through the high school experience and beyond.

Guidance is responsible for providing a caring, compassionate environment that is inviting to all who enter. As a Guidance Counsellor/Educator, our role has been organized into three distinct areas: student development, interpersonal development, and career development as it relates to pathway planning. Our Counsellors are equipped to provide on-going academic, social/emotional, and pathway planning supports to the students of St.

## Students

### Guidance

- Alternative Education
- Community Involvement Hours

# Your Guidance Teacher:

- ~is assigned to you by alpha surname
- ~helps you with:
  - short-term social/emotional development
  - academic planning and supports
  - pathway planning supports
  - Mental health and well being support and resources

# Graduation Requirements



1. Earn 30 credits
2. Earn 40 hours of Community Service
3. Pass Ontario Secondary School Literacy Test  
(taken in Grade 10)

# A Typical Day at St. Mary

- ~9am-3pm day
- ~Full uniform is Mandatory
- ~Semestered system
- ~75 minute classes, four classes each day with 5 minutes travel time
- ~Choosing 8 courses in Gr 9, five of which must be chosen at a specific level (based on achievement), plus ONE elective

## *What does our day look like now?*

- 10:00am – 4:00pm
- full uniform
- attending school everyday
- completing two classes every 46 days
- each class is 2.5 hours long
- 3 lunches : lunch can be eaten in school or outside of school



# Wearing the Uniform!

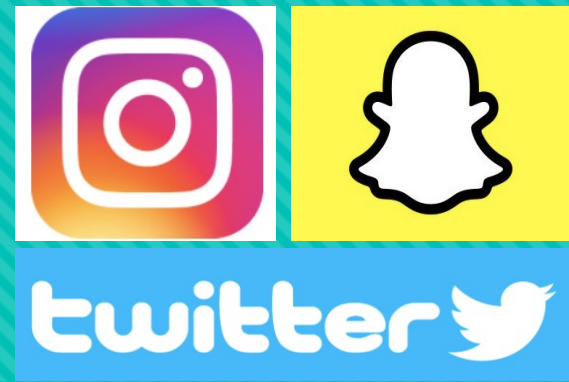


Day	Terms		P1	P2	P3	P4	P5	P6	
A	19-20	S1	T1	<b>Dramatic Arts</b> ADA1O1.1 Small, Trevor Room: 09N-168 P1(A) S1	<b>Religious Education</b> HRE1O1.2 Dion, Michael Room: 205 P2(A) S1	<b>Principles Of Mathematics</b> MPM1D1.1 MacIsaac, Christopher Room: 125-1st P3(A) S1	<b>ENG1D1 - English</b> ENG1D1.8 Rose, Diane Room: 131 P4(A) S1		
			T2						
		S2	T3	<b>Science</b> SNC1D1.5 McDavid, Scott Room: 265 P1(A) S2	<b>Healthy Active Living Education</b> PPL1O4.2 Antonucci, Enzo Room: GYMB P2(A) S2	<b>CGC1D1 Geography Of Canada</b> CGC1D1.2 Reeves, Bethany Room: 226 P3(A) S2	<b>Core French</b> FSF1D1.6 Morrison, Katelyn Room: 162 P4(A) S2		
			T4						

# Tips for Success

- ❑ Work on improving your learning skills
- ❑ Manage your time to include study, rest and fun
- ❑ Use an organizational tool to schedule time to study and time to finish your assignments
- ❑ Ask your teacher for help as needed
- ❑ Request a tutor through Guidance, if needed

# Social Media and Mental Health



**Be mindful of your online presence and digital footprint**  
*It's important to manage your online presence responsibly !*

- Some questions to ask yourself about your social media use:
  - How often am I on social media platforms?
  - What do I use social media for?
  - Is social media a distraction during school and when I am doing homework?
  - What am I posting?
  - Who has access to my account?
  - What will my digital footprint say about me in 5 years?
  - Am I a responsible digital citizen?
- St. Mary uses various social media platforms in positive ways. Check them out!
  - Twitter - @StMaryCSS
  - Instagram – @stmarycouncil @retreatleaders
  - Webpage -

# Grade 8 Virtual Visit Day

We are bringing St. Mary to you!!

- Near the end of November
- We will visit your classrooms with a virtual tour
- We will introduce you to some St. Mary students and staff
- We will play some games and answer your questions

# A Day in Trades at St. Mary



- This year, the grade 8s will get a chance to come into St. Mary and take part in a day of Trades sponsored by OYAP.
  - Seton – Oct 27
  - St. Isaac and St. Wilfrid – Nov 30
  - St. Monica and Father Fenelon – Dec 8
- You will get to spend some time learning and working in the tech classes with the tech teachers.
- You will get to make something and bring it home with you.
- This will allow you to explore some of the trades hands on and will help you when choosing your elective course for grade 9.

A screenshot of a school website page. The top navigation bar includes 'Technology, Computers and Business'. The main heading is 'Technology, Computers and Business'. Below the heading is a breadcrumb trail: 'Home / Programs &amp; Services / Technology, Computers and Business'. A paragraph of text reads: 'For the various Business and Technology courses offered at St. Mary, please visit the COURSE CALENDAR on myBlueprint.' Below this text is a video player showing a workshop environment with the title 'St. Mary CSS - Business &amp; Technology Department'. To the right of the video player is a sidebar titled 'Programs &amp; Services' with a list of links: 'Technology, Computers and Business', 'Arts', 'Athletics', 'Canadian and World Studies and Social Sciences', 'Chaplaincy', and 'Community Outreach'.

# Grade 8 Parent Night

- ❑ Mid January
- ❑ Virtual presentation for parents and students
- ❑ Another opportunity to learn more about programs at St. Mary, student life, and extra curricular activities

